# KDHA ANNUAL MEETING

**September 21-22, 2012**  
The Marriott- Wichita, KS

## Thursday, September 20th

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 pm</td>
<td>KDHA Executive Council Meeting (Marriott Boardroom)</td>
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## Friday, September 21st

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 am -8:30 am</td>
<td>Registration</td>
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| 8:30 am – 11:30am| “Spit Is It! Saliva Secrets” (3CEU’s)  
Speaker: Pat Pine, RDH  
Sponsor: KDHA |
| 11:30am -12:00 pm| Ron Gaches (KDHA Lobbyist) - KDHA update                              |
| 12:00pm - 1:30pm| KDHA Luncheon and Business Meeting                                     |
| 1:30 pm – 4:30 pm| The Amazing Race (3 CEU’s)  
Speaker: Pat Pine, RDH  
Sponsor: KDHA |

**Students Only:**  
*Diane Huntley Lecture Series:*

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<tr>
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<tr>
<td>1:30 pm - 2:00 pm</td>
<td>The Benefits of Membership - Ron Gaches</td>
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| 2:00 pm - 4:00 pm| Posture and the Seated Environment, with a focus on Dental Hygienists  
Speaker: Seth Harrison, CSCS |
| 4:00 pm - 4:30 pm| Hygienists Question & Answer Session - Various hygienists            |
| 4:30pm—6:00pm   | Vendor Fair                                                           |
| 6:00pm          | KDHA President’s Reception (held in KDHA Suite) Sponsored by:         |

## Saturday, September 22nd

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<tr>
<td>8:00am – 8:30 pm</td>
<td>Registration</td>
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| 8:30 am -11:30 pm| “Dental Professionals Role in Disaster Response and Forensic Dental Identification” (3 CEU’s)  
Speaker: Tracy Brookshire, RDH, BSDH  
Sponsor: KDHA |
| 11:30 am – 1:00 pm| KDHA Luncheon and Business Meeting  
Election of Officers & Installation                                      |
| 1:00 pm – 4:00 pm| Eat, Drink and Be Wary: You Are What You Eat (3CEU’S)  
Speaker: Linda Blackiston RDH, BS  
Sponsor: Sonicare |

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**Hotel Information/Reservation**

The 2012 KDHA Annual Meeting is being held at the Marriott Hotel located at 9100 E. Corporate Hills Dr. in Wichita, Kansas (near Kellogg and Webb Rd). Room rates are $96 for single and double occupancy (taxes not included). All rooms are non-smoking. For reservations call 1-800-610-0673 and request rates for the “KDHA” or they can be made on-line at [www.marriott.com/ictwe](http://www.marriott.com/ictwe) using our group code KDH.

Reservation to ensure room rates must be made before September 6th.
Friday, September 21, 2012

8:30–11:30am  “Spit Is It! Saliva’s Secrets”

Course description: Our personal saliva is a valuable monitoring medium as an indicator for systemic diseases. Research is ongoing for the cure for breast cancer; can we discover this horrendous disease via saliva? How does “spit” assist in the prognosis of periodontal disease? Saliva’s pH has information not to be kept a secret. Using this minimally invasive technology benefits both patient and clinician.

Participants will be able to:
• Discuss the value in saliva testing
• Understand research has exploded with non-invasive “saliva testing”
• Recognize that dentistry is moving to medical model - are you ready?
• Determine how to customize care
• Identify oral health and physical health connections

1:30–4:30pm  “The Race Against Time”

Course Description: Tick tock, tick tock, time is running out. Are you sacrificing personal satisfaction and your precious health just to keep up with the clock? Reconsider new technologies and products to customize the care of your patients. Technologies that might seem difficult and time consuming often enrich personal satisfaction and enhance office productivity. How to assess your patient's risk for oral cancer, periodontal disease and caries.

Participants will be able to:
• Discover strategies to reduce stress
• Learn how to plan your day
• Determine what the stress is
• Develop a stress-free hygiene day
• Customize care with new technologies and products
• Explore methods to break down barriers
• Learn to work in a happy, healthy environment

Patricia Pine, RDH
Compassionate teacher - innovative speaker
Pat Pine is a recognized expert in the field of dentistry. She continually sets the standard for excellence in care and compliance as a clinical dental hygienist and oral health educator. Today, Pat works with clinicians to organize and enhance production, improve infection control and define practice policy. She speaks to dental groups all over the world and is affiliated with the following organizations:
• American Academy of Dental Hygiene, Member & Featured Speaker
• American Dental Hygienists Association, Member & Featured Speaker
• Organization for Safety and Asepsis Procedures, Member & Featured Speaker
• Periodontal Excellence Study Club, Co-Organizer
• United States Department of Labor, Authorized OSHA Outreach Trainer (the trainer instructor)
• Illinois Dental Society, Member
• Academy of Laser Dentistry

Pat customizes presentations, always making learning interactive and fun. She works directly with individuals and organizations to enhance safety for clinicians and patients, and improving workplace organization. Away from dentistry, she enjoys nature through hiking, cycling and boating.
Students Only: Friday  September 21, 2012

Diane Huntley Lecture Series:  2:00-4:00pm

Posture and the Seated Environment, with a focus on Dental Hygienists

The Course will include:

1.  Cervical and Thoracic issues
   Muscle symmetry
   Exercises at your workstation

2.  Lower Back tension patterns
   Lumbar Issues
   Muscle symmetry
   Exercises at your workstation

3.  Injury Prevention

Sponsored By:

Seth Harrison, CSCS graduated from Washburn University in 1999 with a degree in Health, Physical education, and Exercise Science with an emphasis in Exercise Physiology. He became a Certified Strength and Conditioning Specialist with the National Strength and Conditioning Association in 2003. He has been with The Center for Manual Medicine since 1999 and has progressed from an Exercise Therapist to Office Manager of the group. He has taken over 300 hours of Continuing Education for the care and treatment of all Musculo-skeletal injuries in the past 13 years. The Center consists of a Medical Doctor, two Chiropractors, and a full Physical Therapy Department with a Physical Therapist and Physical Therapist Assistants. We take care of a wide variety of Muscle and Joint issues on patients ranging for young children to the aging population.

Saturday, September 22, 2012

8:30—11:30am

Disaster Response and Forensics for the Dental Professional

The Oklahoma City Bombing, September 11th, Hurricane Katrina, these events are etched in our memories forever. They changed the course of how we look at disaster response. We don’t have to sit on the sidelines wishing there was something we could do to help. We as dental professionals can be an integral part of response efforts. Preparedness is the key, learn what to expect and how to respond in multiple disaster scenarios. Don’t wait until the next disaster strikes. Be part of the solution; respond with a coordinated disaster response team to be the most effective. Unfortunately it is not “if” another disaster will happen, it is “when”. Be there for your community, your state, and your country.

- Explore the concepts mass triage systems in a disaster event
- Examine scene safety action and identification of secondary hazards
- Compare preparedness issues for populations with special needs including pediatrics, elderly, psychiatric, physically and mental challenged

A smile IS worth a thousand words!! Forensic dental identification gives families and friends comfort that their loved one has been positively identified. Mass disaster can also mean mass fatality. Teeth are one of the body’s most resilient substances. They can withstand some of the most horrific events, from extreme heat to terrible trauma. Dental anatomy, with its vast combinations of restorations, missing and present teeth, pulp chambers, root formations and anomalies, can be as significant as a fingerprint. Examine basic methods of forensic dental identification in a mass casualty event. See how we as dental professionals can take our expertise to a whole new level.

- Identify the need for, and collect and preserve, forensic evidence from disaster and mass casualty events.
- Identify unique characteristics in various dentitions; missing, restored, unrestored, retained deciduous teeth, and anomalies
- Identify social, moral and ethical challenges that arise in a mass casualty event
- Discuss the psychological impact in forensic data collection

Sponsored By:

Tracy Brookshire, RDH, BSDH

Tracy is currently employed as a full time Champaign County Deputy Coroner. Her duties in this position include investigating the cause and manner of death. The Champaign County Coroner’s Office handles on average 120 deaths a month. Tracy has assisted in several dental comparisons during her three years as a deputy coroner. Tracy also holds a contract position with the Illinois Medical Emergency Response Team (IMERT) as a Regional Training Coordinator.

As a member of Federal, State and Regional disaster teams Tracy has attended multiple disaster trainings, drills and deployments. Tracy is also a member of the American Society of Forensic Odontology and a trainee member of the American Academy of Forensic Science.
Summer 2012

1:00—4:00pm

Eat, Drink and Be Wary: You Are What You Eat

Americans are truly becoming what they eat and the statistical changes and long-term outcomes are moving in an unhealthy direction. The fact is the American diet is FAR from giving anyone the Recommended Daily Allowance (RDA) of nutrients. Getting back to the basics of consuming whole foods is the key to balancing our general and oral health through nutrition.

In our medication savvy society, many people believe that supplements will make up for our nutritional deficiencies. Herbal supplements promise everything from slowing the progression of Alzheimer disease, to reducing blood pressure and even reducing cholesterol. But how do they affect our oral health?

As dental professionals we have the opportunity to educate, advocate and encourage patients to implement healthy lifestyles relative to nutrition and oral health. By providing a “wellness plan” during their dental appointment, we are expanding the scope of dental treatment beyond oral diseases.

Course Objectives:

Upon completion of this course the participants will be able to:

Discuss the implications of nutritional supplements as they relate to oral health and overall health

Explore the benefits of consuming whole foods vs. the current American diet

Integrate basic nutritional counseling skills into patient treatment

Sponsored By:

Linda Blackiston, RDH, BS

Linda received her Bachelor of Science in Dental Hygiene from Baltimore College of Dental Surgery, Dental School, University of Maryland after she had been a business owner for nine years. Her professional and clinical background includes: corporate pharmaceuticals, general practice, periodontics and a staff position in pediatric dentistry at the University of Maryland.

Linda is currently Manager of Professional Education in the Mid-Atlantic for Philips Sonicare. She is an industry author writing and lecturing nationally on women’s health issues, pediatric dentistry, teenage issues, patient compliance and biofilms. She continues to practice dental hygiene part-time in the Baltimore area.

Linda has a passion for volunteering and has served underprivileged areas in the US and Mexico. She works with Mid-Atlantic PANDA providing free continuing education courses on recognizing and reporting cases of abuse and neglect. Linda serves on The Samaritan Women Board of Directors; an organization dedicated to serving women who are rebuilding their lives from hurtful choices and difficult life circumstances. She also plays an active role in educating the community on the issues related to human trafficking.

Attention Members:

This map is the proposed redistricting areas that your Executive Council has endorsed. Members will be voting on this proposal at our Annual Business Meeting on Friday, September 21, 2012 in Wichita, Kansas. If you have any questions or concerns, you can voice them at the Business Meeting or to your local Component representatives who will forward them to the Executive Council prior to the Business Meeting.

Component Contacts:

Wichita Dental Hygiene Association: Yoly Arends: arendsl@yahoo.com
Johnson County Dental Hygiene Association: Lorraine Gaul: lorraine-and-dick@att.net
North Central Kansas Dental Hygiene Association: Stephanie Wall: stephaniewall57@gmail.com
Douglas County Dental Hygiene Association: Jill Gottschamer: jilleerdh@ksmail.net
Tri-County Dental Hygiene Association: Susan Rodgers: kdhars@hotmail.com
Western Kansas Study Club: Kathy Thompson: jsusfrks6@hotmail.com and kathytrdh@gmail.com
Registration Form  
2012 KDHA Annual Meeting  
September 21-22, 2012

Registration POSTMARKED BY September 8, 2012:
MEMBERS: I will be attending luncheon on (circle appropriate)…………………………………………..…FRIDAY SATURDAY
1-Day CE Fee ………………………………………………………………………………….……………………….$140
2-Day CE Fee ………………………………………………………………………………….……………………….$240

NONMEMBERS: I will be attending luncheon on (circle appropriate)…………………………………………..…FRIDAY SATURDAY
1-Day CE Fee ………………………………………………………………………………….……………………….$260
2-Day CE Fee ………………………………………………………………………………….……………………….$360

2012 DH Graduate and DH Student
2012 DH Graduate: I will be attending luncheon on (circle appropriate)……………………………………..FRIDAY SATURDAY
2-Day CE Fee ………………………………………………………………………………….……………………….$100

2012 DH Student: Friday Fee………………………………………………………………………………………...$30

LUNCHEON/BUSINESS MEETING ONLY
I will be attending luncheon on (circle appropriate)…………………………………………..…FRIDAY SATURDAY
1-Day Fee…………………………………………………………………………………………………………. ..…………………. $30
2-Day Fee…………………………………………………………………………………………………………. ..…………………. $60

Institute for Oral Health (IOH) Donation (Donations for scholarships, research and community service grants)…………$____
HY-PAC Donation (Political Action/Legislative work).……………………………………………….…..$____

Subtotal: (CE, IOH and Hy-Pac Donation) $____

Late Registration Fee (if postmarked on or after September 9th, 2012) + $40.00

Total $____

***I Will Be Attending The President's Reception (open to all)………………………………………………………..YES NO

Name:_____________________________________ ADHA MEMBER#(please bring membership card):_____________

Address:__________________________________________________________

Daytime Phone:___________________Evening Phone:___________________Cell Phone:___________________

E-mail Address:__________________________________________________

Please make check PAYABLE to KDHA

Send Registration Form to:
Rachel Clark RDH, BSDH
639 S. Christine, Wichita, KS 67218
Questions: rachel@rachelrdh.com

*Lunch will be guaranteed for those who pre-register prior to September 9, 2012.
***COURSE HANDOUTS WILL BE ONLY AVAILABLE THROUGH www.kdha.org
***NO Refunds after September 9, 2012
THE KS DENTAL HYGIENISTS’ ASSOCIATION INVITES YOU TO ATTEND OUR 2012 ANNUAL MEETING HELD ON SEPTEMBER 21-22 AT THE MARRIOTT IN WICHITA!

Please join dental hygienists, dental hygiene students and educators, as well as other dental office personnel throughout the state for outstanding continuing education seminars, exhibits, informative business luncheons, networking opportunities and an opportunity to meet our KDHA President Jill Gottschamer! And who knows, maybe you will see an old friend or two and even meet a few new ones while you are there! This meeting is for you and we would love to have you join us for this annual event!

Enclosed you will find meeting information and a registration form. Save your spot and your money by registering early, AND save even more by becoming a member of ADHA/KDHA/and a component! You can become a member in real time online at adha.org! Membership has its benefits! Check us out at kdha.org and don’t forget to print your course handouts before you show up!

We look forward to seeing you at the meeting!

KDHA Executive Council

Save the Dates!

- Sept 20, 2012 Executive Council meeting in Wichita
- Sept 21-22, 2012 KDHA Annual Meeting in Wichita
- November 10 or 17, 2012 KDHA EC Mtg, Topeka
- January 5 or 12, 2013 KDHA EC Mtg, Topeka
- February 6 or 13, 2013 KDHA Lobby Day, Topeka
- March 1-2, 2013 KMOM, Wichita Kansas Coliseum
- March 8, 2013 KDHA EC Mtg, Salina
- March 9, 2013 KDHA Spring Meeting, Salina
- June 19—25, 2013 ADHA Annual Session in Boston
- July 13, 2013 KDHA Executive Council Mtg, TBA
- September 27-28, 2013 KDHA Annual Mtg, Topeka

Visit the KDHA website!

All the latest information is on our website!

NEW!! Please print your course handouts before the meeting. They are posted on our website!

www.kdha.org